



Course Name	Science (could be used with any content area)
Grade Level	Middle School
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Unit Title	Investigate Careers and Pathways (part 1)
Lesson Title	All About Me
Suggested Lesson Time	<i>One 45-minute class period</i>
Lesson Objectives	<ul style="list-style-type: none"> ● Performance: The students will create an original collage using the theme “All About Me.” ● Condition: Students will create a collage in class either digitally or using paper and art supplies. ● Criteria: The collage should reflect elements of the student’s values and personality as indicated by the personality assessment taken in class.

Instructor Preparation	
References	
<ul style="list-style-type: none"> ● https://www.forbes.com/sites/pavelkravivin/2021/05/04/how-personality-changes-impact-our-career/ ● https://www.upskilled.edu.au/skillstalk/choose-a-career-that-suits-your-personality 	
Instructional Media	
<ul style="list-style-type: none"> ● True Colors Personality Test: https://my-personality-test.com/true-colours ● Digital collage instructions and example: https://amslerartroom.com/remote-learning/all-about-me-digital-collage 	
Equipment and Tools	
<ul style="list-style-type: none"> ● iPad or laptop 	
Materials	
<ul style="list-style-type: none"> ● Digital media-capable device or ● Paper and art supplies 	



Student Preparation

Assignments

- Take personality test at True Colors
- Make a list of other things they would like to include in their collage

Introduction

Ask the students how they would describe themselves or their friends. Talk about what personality is and what a trait is. Talk about why it is important to know and understand ourselves. This knowledge can influence our future success in our careers.

Information Presentation

<i>Information</i>	<i>Key Points</i>
<ul style="list-style-type: none">● Slideshow that gives instructions and examples for All About Me collage	<ul style="list-style-type: none">● Every collage will be unique because every person is unique.● The collage should reflect personality traits highlighted in your personality assessment.● The collage should reflect personal values and preferences.



Summary

The lesson can be summarized by saying that in the next lesson, we will look at careers that would be a good fit their personality types and traits.

Student Activities

The students will submit a collage that reflects their personality and values.

Student Assessment

The knowledge gained in this lesson is information about themselves. Increasing self-awareness is a valuable tool. The teacher can discuss the collage with each student and comment on how their traits will help them succeed.

